

Submitter:

Julie Shivley

On Behalf Of:

Committee:

Senate Committee On Health Care

Measure, Appointment or Topic:

SB1598

I am a midwife and a functional nutritionist. In the 30+ years that I have cared for patients/clients, it is abundantly clear to me that a one size fits all approach to healthcare does not work. Authority to make broad and sweeping legislative decisions should not be in the hands of unelected public health officials without further legislative or public opinion/debate. I want my voice heard in the decision making, but even more so, I want to retain the autonomy to make or recommend healthcare decisions for myself, my family, and my clients, based upon their individual biochemical/physiologic needs. I also do not want to be forced as a tax payer to pay for programs that I do not believe are in the best interest of our essential health. The best approach we can take from a public health perspective is to address the essence of chronic degenerative conditions from the platform of improving access to real food and teaching people how to eat healthy, balanced, whole food diets, sleep well, exercise well, manage stress well, develop community and relationships that support our wellbeing. Mandating vaccines or other collective health care restrictive measures will never get to the heart of supporting a healthy population of people who understand where health comes from and how to achieve it.