



February 5, 2026

Chair Pham, Vice Chairs Javadi and Edwards, and Members of the Committee,

For the record, my name is Tabitha Jensen, and I am the Chief Operating Officer for Options Counseling and Family Services, a community-based nonprofit that provides behavioral health and social services to youth and families in Oregon. I am also a board member of the Tri-County Behavioral Health Providers Association and a consumer who myself accesses weekly telehealth therapy from an Oregon-based licensed clinical social worker.

Along with many colleagues here today, I am testifying today to respectfully urge your support for the House Bill 4070, particularly the amendments clarifying that behavioral health telehealth services may not be provided by out-of-state providers who are not licensed to practice in Oregon.

Telehealth remains an essential tool for reaching individuals in urban, suburban, and rural communities. Options Counseling provides services to vulnerable youth and families throughout the state across these diverse settings and understands the importance of flexibility in meeting youth and families in spaces and platforms that are convenient and accessible. We also know that the strong standards and the rigor of securing and maintaining licensure and a Certificate of Authority (or COA) from the Oregon Health Authority is a critical measure of an individual or organization's ability to provide ethical, client-centered, trauma-informed, evidence-based quality of care.

We are experiencing the early, positive impacts of workforce development efforts in Oregon's behavioral health delivery system. Our care networks are increasingly robust and adequate. A statewide network of skilled providers is here and ready to provide services within the Oregon communities where they work and live, following the standards codified by subject matter experts and consumers in these communities.

Thank you for your consideration and for your continued efforts to preserve the quality and integrity of Oregon's behavioral health system.

Respectfully,

A handwritten signature in black ink that reads "Tabitha Jensen".

Tabitha Jensen, MBA  
Chief Operating Officer

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