

Submitter: Winter Breedlove
On Behalf Of: LGB Courage Coalition
Committee: House Committee On Judiciary
Measure, Appointment or Topic: HB4088

I spent most of my adult life voting Democratic, and I later medically transitioned before detransitioning. I'm writing on behalf of detransitioners in this state. This is a highly sensitive issue, and I understand why many people are reluctant to speak publicly. Over the past several years, I've seen firsthand how quickly detransitioners can be dismissed, attacked, or discouraged from sharing their experiences. That silence leaves real medical harm unaddressed. While I'm still learning how to use my own voice, I'm writing this testimony because many others feel they cannot.

When I read Oregon's HB 4088, what stood out to me was the broad language. As someone who has already struggled to get clear answers about my own medical history and options, that's frightening. If laws like this are written too broadly, they don't just affect institutions or researchers. They affect people like me, who are trying to understand what happened to our bodies, what care we need now, and what risks we should be aware of going forward. Blocking access to information doesn't protect patients. For detransitioners, it leaves us in the dark.

I now face significant challenges accessing corrective care. My recent experience at a major Nashville HIV clinic shows how the system continues to fail us. My healthcare was tracked under the vague code 'transgender gender dysphoria — undefined.' This improper coding not only misrepresents my current needs but also creates additional barriers to receiving medically necessary care.

When I sought answers from the doctors at my original clinics, I discovered that key parts of my medical record were missing or unavailable at the very moment I needed them for my detransition to move forward. It is precisely why access to accurate medical records and clear information matters. Detransitioners cannot heal, make informed decisions, or receive appropriate care if our own medical histories are inaccessible, incomplete, or effectively sealed away.

Detransitioners are asking you to consider the full scope of who it is you claim to represent. To reiterate, I am a survivor of sexual violence and a working-class individual living with comorbid mental illnesses. This bill is not about choosing sides. It is about whether people like me remain visible once our experiences complicate a preferred narrative. Thank you for your time. "Winter Breedlove/JD Hood