

I am Brick Lantz M.D, M.A. (Bioethics) and have been in practice for 34 years in Oregon. I am an OMA (Oregon Medical Association) member. I am also national director of American Academy of Medical Ethics and Vice President of Christian Medical & Dental Associations (CMDA). CMDA has over 14,000 healthcare professional members in the U.S. with 100s in Oregon. In my role and in communication with members I know there are 1000s of patients that struggle with unplanned pregnancies and gender dysphoria. Many of them have regrets of permanent decisions that they have made. My constituents want the best care possible for their patients and treat them with respect and dignity.

I have the privilege of serving as medical director of a local pregnancy center. Our patient comments are consistently positive. I have enclosed some quotes:

- Everyone was very kind, patient, not judgmental. I felt safe asking the hard questions.
 - Thank you! Appointments like this can feel vulnerable & it makes all the difference to have a team who is so sweet + welcoming :)
- Service was fantastic, very outgoing sweet staff!
- understanding + accommodating.
- I felt listened to and supported.
- Very friendly and kind, respectful, love everything about this place.
- You Guys helped me.
- Amazing staff.
- Very helpful
- Amazing, courteous staff.
- Every single time I come I always feel so at peace.
- Very nice and helpful! Thank you.
- Very informative and authentically kind.
- All exceptional, thank you!
 - Keep up the good work.
- I really appreciate the caring environment. It meant a lot that you guy understood my concern and helped resolve it with education I could understand.
- This was the best I've been treated visiting a women's clinic and I'm 37. The energy was great and very informative. Everyone was phenomenal.
- The kindness and understanding of everyone made me very comfortable.
- Loved it, 10/10.
- Thanks for all you guys do! We really appreciate you!
- Very nice and respectful.
- Amazing caring staff! Gave great resources and showed me the kindest medical care I've received.
- Everyone was kind and the reassurance I feel is incredible. Thank you so so much.

- Very nice staff.
- All staff was very courteous, compassionate, thorough. Excellent care, above & beyond my reason for a visit. All health concerns addressed.

Legislators, I encourage you to visit a pregnancy center. I would be pleased to take you on a tour where I serve as medical director. We receive referrals every month from Planned Parenthood because we offer services they do not provide. Why do many people assume that every woman with an unplanned pregnancy wants or needs an abortion? This is not true from our intake questions. The majority face difficult decisions and want information. This includes those that are contemplating an abortion. They receive thorough information and informed consent. Many change their mind, not coerced, and give birth to a child. Many simply return to say thanks and express the joy of having a child.

Our Oregon medical communities provide a full spectrum of pregnancy services whether insured or not. In our community we have my pregnancy center, Volunteers in Medicine, Public County Health, and healthcare professionals that take our referrals when needed. We provide STI diagnosis and treatment for our patients and their partners, maternal health, preborn child health, well woman exams, cancer screening, and more. We are AAAHC (Accreditation Association for Ambulatory Health Care) accredited and receive exemplary review each time we are reviewed.

Planned Parenthood is not AAAHC accredited and do not provide all the services we provide. They claim that abortion is only a minimal portion of their services but financially abortions account for over 90% of their revenue.

The Oregon Health Authority has a resource titled, "Where to Get an Abortion." They have a link, "How to Spot and Avoid Fake Abortion Clinics." This again assumes every female with an unplanned pregnancy wants or needs an abortion. In this link it outlines services by a "crises pregnancy center." They correctly state we offer free pregnancy tests, free ultrasounds, free food, diapers, and baby clothes. Then it states, "Staff may lie to you about abortion health risks, how far along in pregnancy you are, support you will get if you give birth and/or choose adoption." WE DO NOT LIE ABOUT ANY OF THIS. Then this OHA link uses the term "fake clinic" and implies that we are not "a licensed health center" and question whether "staff members have a medical license." This OHA link includes a map which includes my center. I believe this is illegal if not egregious. My nurses, nurse practitioners, ultra sonographers, counselors, medical consultants, and myself are all licensed. We are AAAHC accredited whereas Planned Parenthood is not. I believe we give more complete care and accurate information than Planned Parenthood. I have reached out to OHA several times to have this map which names our clinic to be removed but to no avail.

I want to be clear. We are a non-profit clinic founded 100% on donations. We do not want Oregonian tax dollars or public funds. But there is no medical reason for Oregonian tax dollars to pay Planned Parenthood.

We probably differ on our opinion on abortion, but we should agree on the research on the detriments to women's health (short & long term, physical, mental, and relational) with abortion. Abortions have changed dramatically the past few years with near 70% performed with chemical abortion. A claims data analysis of nearly one million patients released in May 2025 demonstrates a 10.93 % (11%) severe complication rate with chemical abortion. We need to make this safer for women. Again, there is nothing in medicine in which this would be allowed without guidelines or protection for patients in which the complication rate is this high. Claims data is very accurate and shapes the way we practice medicine. There is a detriment to men and allowing them to forego responsibility. There is a detriment to family health and community health which is demonstrated in many sociological studies. A 2025 Canadian study of 28,721 abortions and 1.2 million pregnancies demonstrated rates of mental health hospitalizations was more than double in the abortion group. Suicide attempts were also more than double.

There is cognitive dissonance with chemical abortion in which one can be charged for murder by forcing or unknowingly giving a chemical abortion to a woman yet at the same time the woman can choose an abortion with no consequences. "Do the ends justify the means?" is an ethical question that must be answered.

Your and my tax dollars can be better spent. Spend it on something almost all agree on such as public safety, or parks and recreation. Medical needs include improved treatment for drug addiction, vaccine education, primary care expansion, adoption and foster care improvement, cancer research and treatment, and most importantly mental health care. Why are you spending our tax dollars on this controversial dividing issue of abortion? It is not needed for access to abortion.

Children are a blessing. Planned Parenthood does 134 abortions for one adoption referral. We may differ on abortion, but we should not spend money on what is not beneficial to flourishing families and communities. States that have restrictions on abortions have increase birth rates which is beneficial for thriving families and communities. Public opinion is changing significantly on this topic with a desire not to spend tax dollars on abortion.

Planned Parenthood is also providing gender hormones. Oregon is late in understanding the science. Dozens of adolescent gender clinics have closed because the science has proved them wrong. Clinics have closed in Europe because the suicide rates do not increase without hormones. The desistance rate of prepuberty gender dysphoria is 80-90% from WPATH's own data. These adolescents identify with their biological sex after going through the natural

process of puberty. There is nothing else in medicine in which irreversible treatment is done when the natural course corrects the problem at this rate. There are significant long-term complications with sex rejecting procedures including infertility, cardiovascular, neurological, musculoskeletal, and more. Those with gender dysphoria have an overwhelming probability of mental health issues, adverse childhood experiences, autism spectrum disorders, and trouble family dynamics. These are what need our attention and treatment. It is increasingly the standard of care for mental health evaluation and treatment and support for the patient and family without sex rejecting procedures.

I understand and appreciate your desire for women to have choices. They have abundant health choices in our communities. I and many others believe life in the womb is a human being. I do not foresee any agreement soon, but we should follow the science and continue dialogue. Forcing taxpayers to fund what is not necessary and against their conscience is irresponsible.

Brick Lantz M.D.