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Amanda Geyer Testimony

5 years 5 months and 26 days ago I made the decision to turn my life around. Gradually I began to feel a new freedom and a new found happiness and live a life today I could've never imagined I Could have. In the beginning I was unsure about how to navigate such an idea to live free from substance and with every day I put together in trusting God, the fellowship, and the Gift of desperation that my bottom showed me I am reminded that I don't ever have to go back to living my life the way I once did. Alcohol and drugs were a temporary solution in my thinking, and now I know with the spiritual tools and design for living that I can be an example to those that can get honest about the struggles we face. I get to work on my character every day and help others do the same , there is a saying we use in the program I'm in that is "you can only keep what you have by giving it away," and there is so much truth in this statement. Service, Unity, and Recovery and with these three legs my program stands on, I am well on my way to building a life upon a foundation which purposeful lives can be healed! I go to meetings, work with women who wanna work the steps, I went from being selfish to selfless. Without treatment for SUD services and mental health I would not be where I am at today. I have committed myself to helping others, and being a helpful and useful member of society. I love myself today as when before I had sobered up I couldn't show myself or anyone else respect. Today I am so grateful and live in that attitude to overcome obstacles and grow. I reach for Gods will in my life today and exercise love and tolerance for others and because that is what was given to me.

From darkness to the light is the theme of my story, because truly I came to believe in a power greater than myself! I know and feel that the solution is just that, constantly turning my will and my life over to the care of my creator! Bringing me to find peace and soundness of mind. I have my family in my life today 4 children and a marriage that seemed so far away when I was not well. I came into recovery with restraining orders on me from everyone I knew, the children included and Gradually as I plugged all in to the program of recovery one shed, then two, then three. I started getting to see them, and they get to now see the real me. The Mother , Daughter, sister, Wife, and Friend I was born to be.