

Submitter:

Deborha Woods

On Behalf Of:

Committee:

Senate Committee On Judiciary

Measure, Appointment or Topic:

SB1583

Two more representatives at the Oregon State capital I understand that there's a bill that's gonna be cutting funds for addiction, treatment and behavioral health. This is a big mistake. We do not have enough treatment or behavioral health funding out there. There's so many people that are suffering. I myself am a recovering addict and mental health. Patient who has turned her life around due to some awesome counselors that helped me navigate through my traumas and start learning a better way to live. I now have 8 1/2 years cleaning sober and I am a drug and alcohol counselor working on Increasing my education to better serve the community that is in desperate need. There's not enough housing not enough residential treatment, not enough trauma treatment and that is a big reason why people keep using it so they can stuff their feelings and not have to deal with the pain that is inside them That they don't know how to deal with. I myself would love to open a residential treatment, just for trauma and it doesn't matter what my clients are male or female or families. We all need to help so desperately 90% of the homeless people come from a traumatic family events Who then get into addiction and it is so difficult to get out of that trap once you get in it I know I was in my addiction for 40 years because back in the 80s 90s there wasn't the resource that I had in prison. The Pathfinders trauma treatment that I got at Coffee Creak was amazing And I would like to continue that work. Please don't cut the funding ad funding. We could use \$5 billion more make that \$5 trillion more. Oregon is one of the worst states for receiving benefits for treatment and behavioral health. Let's make a change and turn those numbers around Thank you for reading my statement. I would be more than willing to come talk in person and give you lots more information if any of you look at the statistics for Oregon. You will see that we are way behind the rest of the country when I was growing up Oregon Was a much better state than it is today. The first time I went to treatment was back in 91 and we had lots of residential treatment today. That number is about half or more. Yes we had more outpatient than we used to have but we also have a huge population increase. We could use 10 more residential treatments that are 90 day treatment centers each one of them serving 50 people or more and we could use about 100 more outpatient treatment centers take care for our increased population. Our housing in the state is increasingly getting better but it's still not where it should be. The price for housing is just ridiculous as a drug and alcohol counselor I'm making \$50,000 a year and I can barely afford my two bedroom apartment at \$1475 a month and that's not OK. Thank you for reading this. Have a great day.