

Submitter: Angela Arndt
On Behalf Of:
Committee: House Committee On Behavioral Health
Measure, Appointment or Topic: HB4028
Chair, Vice-Chairs, and Members of the Committee,

My name is Angela Arndt, and I am a Licensed Professional Counselor practicing in Bend. I'm here today to voice my strong support for House Bill 4028.

As a behavioral health provider, I fully support accountability and appropriate documentation. But the audit practices currently used by insurers and CCOs are often inconsistent, overly burdensome, and disconnected from clinical reality. These audits can demand excessive documentation, apply retroactive standards, and create financial instability for small practices like mine. Every hour spent navigating unclear audit requirements is an hour taken away from direct client care.

HB 4028 establishes fair, transparent, and clinically appropriate audit standards. It protects providers from unreasonable recoupments, ensures audits are conducted consistently, and strengthens oversight of behavioral health parity — something Oregon desperately needs to maintain equitable access to care.

Ultimately, this bill helps stabilize the behavioral health workforce and protects client access at a time when demand for services is higher than ever.

I respectfully urge your support of HB 4028.

Thank you for your time.