

Submitter: Adrian Sanchez
On Behalf Of:
Committee: House Committee On Behavioral Health
Measure, Appointment or Topic: HB4028

I am writing to express my strong support for HB 4028. I am a licensed psychologist practicing in Portland, Oregon, and I see firsthand how current insurance and CCO practices undermine the sustainability of mental health care and place qualified clinicians at risk of financial harm.

HB 4028 addresses longstanding power imbalances between insurers and behavioral health providers by increasing transparency, limiting retroactive audits and clawbacks, and establishing clear, reasonable timelines for audits and pre-payment reviews. These reforms protect clinicians from indefinite financial exposure and from punitive actions tied to administrative or clerical errors rather than the quality or necessity of care.

Importantly, this bill helps prevent the exploitation of mental health providers through opaque “medical management” practices that function as cost-containment strategies rather than clinical oversight. By expanding parity reporting and clarifying the definition of medical management, HB 4028 gives regulators greater visibility into practices that disproportionately target behavioral health services and common, evidence-based CPT codes.

Sustainable mental health care depends on fair, transparent, and predictable reimbursement practices. HB 4028 is a critical step toward supporting Oregon’s behavioral health workforce and ensuring that clinicians can continue providing high-quality care without fear of arbitrary audits or financial retaliation. I urge your support of this legislation.