

Written Testimony in Support of HB 4028

I support HB 4028.

I submit this testimony from the perspective of a Qualified Mental Health Associate and a veteran with lived experience navigating the behavioral health system. Current insurance audit and reimbursement practices, including extended clawback periods, opaque audits, and pressure to limit clinically appropriate psychotherapy, interfere with ethical care and destabilize both providers and patients.

HB 4028 is a necessary reform that protects clinical judgment, increases transparency, and places reasonable limits on insurer practices that prioritize cost avoidance over effective treatment. This bill supports access to meaningful mental health care and a sustainable workforce, and it should be passed.