

Submitter: Hannah Strong
On Behalf Of:
Committee: House Committee On Behavioral Health
Measure, Appointment or Topic: HB4028

Support for HB 4028 – Protecting Mental Health Providers and Patient Access

Dear Chair Pham and Members of the Behavioral Health Committee

My name is Hannah, and I am a Clinician Social Work Associate working at Health Allies Counseling in Portland, Oregon. I am writing to express my strong support for HB 4028.

Insurance claw-backs are the bane of my existence and cause true fear. I have considered leaving the profession entirely or becoming solely private-pay. When therapists are pushed out or punished by insurance companies driven by profit, it is ultimately patients who suffer.

HB 4028 recognizes that insurance companies currently hold disproportionate power over small and solo mental health providers. It acknowledges the growing pattern of retroactive denials and recoupments for legitimately delivered services, and it takes meaningful steps to address this imbalance.

By establishing reasonable protections and clearer standards, HB 4028 will help providers remain financially stable, continue serving insured clients, and focus on what matters most: delivering high-quality mental health care to Oregonians. This bill supports both providers and the communities we serve.

Thank you for your leadership and for your support of HB 4028. I appreciate your commitment to protecting access to mental health care across our state.

Sincerely,
Hannah Strong, CSWA
Health Allies Counseling
Portland, OR