



OREGON PSYCHIATRIC
PHYSICIANS ASSOCIATION

Date: May 12, 2025

To: Rep. Ben Bowman, Chair
Rep. Christine Drazen, Vice-Chair
Rep. Hai Pham, Vice-Chair
Members of the House Committee on Rules

From: David Holladay, MD
Oregon Psychiatric Physicians Association (OPPA) Legislative Committee

RE: HB 3835, Seclusion and Restraint Reform

Chair Bowman, Vice-Chairs Drazen and Pham and members of the committee:

My name is Dr. David Holladay. I am a Child and Adolescent Psychiatrist with over 35 years experience working with children in a variety of treatment settings. I am writing in support of HB 3835. Much of my past work occurred in inpatient psychiatric hospitals or acute care facilities. These are settings in which seclusion and restraint has been necessary to prevent serious harm. These are heartbreaking but very needed interventions. I want to stress that decisions to use seclusion and restraint are not made lightly. They occur after every effort has been made to defuse the situation and calm the child or adolescent.

For example, I have witnessed psychotic children, responding to auditory hallucinations, repeatedly and forcefully smash their heads into walls bleeding themselves in the process. These children are in desperate need of external restraint to prevent serious injury. Inpatient facilities and service providers need to be able to readily offer these supports.

Please support HB 3835.