

Submitter: Reynaldo Calaro
On Behalf Of:
Committee: Senate Committee On Health Care
Measure, Appointment or Topic: HB2143
April 17, 2025

Chair Patterson, Vice Chair Hayden, and Members of the Committee,

My name is Dr. Reynaldo D. Calaro, DNAP, CRNA. I provide anesthesia services in many locations around Portland at small office locations and at a large teaching hospital. I am an Assistant Professor of Nursing at a Doctor of Nursing Program. My own doctoral studies focused on emergence delirium in veterans with PTSD.

I have seen battle field acupuncture perform wonders in the Veteran population that I work with. While battle field acupuncture is an auricular form of acupuncture used specifically to treat pain. It does not provide the same benefits as 5NP. 5NP is another safe, effective protocol using other points in the ear. 5NP address behavioral health issues including addiction, mental health and emotional trauma. I believe that 5NP can be beneficial to our Veterans as well as fellow Oregonians that deal with mental health issues and addiction.

The 5NP is a protocol that is easy to learn and teach. It is accessible and a barrier free treatment that can address a wide range of symptoms.

By supporting House Bill 2143, it will allow non-acupuncturist to complete training to become certified acudetox specialists/auricular acupuncture technicians and be able to administer the 5NP treatments. Twenty three states already have legislation in place that allows non-acupuncturist to administer 5NP treatments.

I urge you to support House Bill 2143 to increase access to healthcare.

Thank you,
Dr. Reynaldo D. Calaro, DNAP, CRNA
CRNA Educator
Assistant Professor