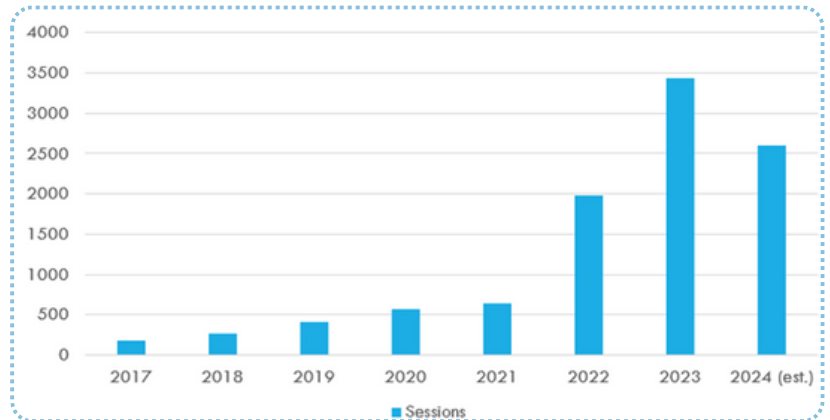




Oregon's health care workforce needs your support

The OWP is a Mental Health Counseling Program Serving:

All of Oregon's **142,000** Licensed Physicians, Advanced Practice Nurses, Nurses (RN, CNA, LPN), Dentists, Dental Hygienists, Dental Therapists, Acupuncturists and Physician Associates



High levels of burnout, depression, and anxiety are leading much **higher suicide** rates for **health care clinicians** compared to **non-health care** workers nationwide according to **JAMA**



Since 2017, the **Oregon Wellness Program (OWP)** has provided health care workers access to a team of specially trained and licensed mental health professionals, **within 72 hours of first contact**



For the first time, the number of sessions allotted to qualified recipients has been cut due to funding constraints which has reduced utilization. The OWP is asking for **\$1.6M in biennial state funding.**

“Since the pandemic, it became clear to me that if I wanted to continue to provide care and remain in the dwindling healthcare workforce, I needed an outlet to cope with all the suffering we witness on a daily basis. The OWP provided anonymity which gave me the confidence to share freely. Within 24 hours of reaching out, I was scheduled with a therapist. Without OWP, I'd still be suffering in silence.”

Internal Medicine Doctor at an Oregon Hospital

**For more information please contact:
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