

Submitter: Amanda Arthurs  
On Behalf Of: WOMHA  
Committee: Senate Committee On Health Care  
Measure, Appointment or Topic: SB824

Dear Chair Patterson, Vice-Chair Hayden, and Members of the Senate Committee on Health Care,

I am a psychologist practicing in Salem, and a member of the Western Oregon Mental Health Alliance (WOMHA). I am writing in support of SB 824 with the -1 amendment to allow the Department of Consumer and Business Services to continue collecting important data from insurers on behavioral health parity as required by HB 3046 (2021).

In the past my reimbursement rates from some insurance companies were stagnant. Some insurers even decreased my rates, which made me question how sustainable it would be to stay in network as the cost of living continues to increase.

Since the passage of HB 3046 in 2021, I have seen reimbursement increases for the first time in many years. These increases have made it more sustainable to stay in network and provide services to clients with varying financial means.

Allowing the HB 3046 reporting requirements to end would allow some insurers to return to their previous practices of undervaluing behavioral health services and operating with inadequate behavioral health networks, which effectively discriminates against their members with behavioral health conditions. Please pass SB 824 with the -1 amendment to keep insurance company practices transparent and protect access to behavioral health care. We have made progress on mental health parity in the state

of Oregon and have seen the benefits of the resulting increase in accessibility of behavioral health care services. Continuing to collect data will help ensure that this positive trajectory continues and will have a significant impact in promoting the health and safety of all Oregonians.

Respectfully,  
Amanda Arthurs, Psy.D.