

Submitter: Eric Medley
On Behalf Of:
Committee: House Committee On Behavioral Health and Health Care
Measure, Appointment or Topic: HB3134

I am writing to express my support for HB 3134, which seeks to reform the requirement for prior authorization for physical therapy services. This bill is essential in ensuring timely access to necessary care, reducing administrative burdens, and improving health outcomes for patients in our state.

As it stands, prior authorization requirements often create unnecessary delays, preventing patients from receiving the treatment they need when they need it. These delays can exacerbate injuries, prolong recovery times, and, in some cases, lead to more severe health complications that could have been avoided with prompt physical therapy. These delays are compounded by the inconsistent and overly restrictive ways insurance companies define "medical necessity." Too often, their narrow criteria fail to account for the individualized needs of patients, dismissing evidence-based interventions that physical therapists know to be effective. HB 3134's efforts to streamline or reduce prior authorization barriers would not only expedite care but also challenge the arbitrary standards imposed by insurers. Additionally, the administrative burden placed on healthcare providers takes time and resources away from patient care.

By removing these barriers, HB 3134 will help streamline the process, allowing patients to access treatment sooner, reducing overall healthcare costs, and supporting physical therapists in providing the highest standard of care. This bill is a critical step toward patient-centered healthcare, prioritizing the well-being of those who rely on physical therapy for recovery and mobility.

I urge you to support HB 3134 and advocate for its passage. Thank you for your time and dedication to improving healthcare access in our state. Please do not hesitate to reach out if you would like to discuss this issue further.

Sincerely,

Eric Medley, PT, MS, CSCS
Director of PT, Therapeutic Associates – Grants Pass PT