

Submitter: Zach Jones  
On Behalf Of:  
Committee: House Committee On Behavioral Health and Health  
Care  
Measure, Appointment or Topic: HB3134

To Whom It May Concern,

As a physical therapist here in Beaverton, I'm writing to share my support for House Bill 3134, especially its efforts to reform the prior authorization process for physical therapy services. This bill is an important step toward helping patients get the care they need without unnecessary delays or red tape.

In my practice, prior authorization requirements often delay essential treatments for patients recovering from injuries, managing chronic pain, or striving to regain function and independence. These delays are compounded by the inconsistent and overly restrictive ways insurance companies define "medical necessity." Too often, their narrow criteria fail to account for the individualized needs of patients, dismissing evidence-based interventions that physical therapists treating the patient know to be effective. HB 3134's efforts to streamline or reduce prior authorization barriers would not only expedite care but also challenge the arbitrary standards imposed by insurers, allowing us to prioritize patient outcomes over bureaucratic hurdles.

By passing this bill, Oregon has the chance to make healthcare more efficient and patient-centered. I hope you'll support HB 3134 and help us prioritize care over paperwork—it's a win for everyone involved.

Thank you for considering this important issue!

Sincerely,

Zach Jones PT, DPT  
Owner/Director  
Therapeutic Associates Beaverton Physical Therapy