Submitter: Belen Vala-Haynes

On Behalf Of:

Committee: House Committee On Behavioral Health and Health

Care

Measure, Appointment or

Topic:

HB3134

To Whom It May Concern,

As a physical therapist here in Oregon, I'm writing to share my support for House Bill 3134, especially its efforts to reform the prior authorization process for physical therapy services. This bill is an important step toward helping patients get the care they need without unnecessary delays or red tape. People are already feeling disenfranchised due to the current socio-political climate, and these are the kinds of bills that make people believe in the government again.

In my work, I've seen how frustrating and harmful prior authorization requirements can be for patients. These delays often mean people have to wait longer for treatment—whether they're recovering from an injury, dealing with chronic pain, or trying to regain mobility. Waiting for approval can slow down progress, cause unnecessary stress, and sometimes even make their health worse. HB 3134 would help cut through these barriers and allow physical therapists like me to focus on providing timely care that makes a real difference in people's lives.

By passing this bill, Oregon has the chance to make healthcare more efficient and patient centered. I hope you'll support HB 3134 and help us prioritize care over paperwork—it's a win for everyone involved.

Thank you for considering this important issue!

Sincerely, Belen Vala-Haynes