

Submitter: Ryan Kessler

On Behalf Of:

Committee: House Committee On Education

Measure, Appointment or Topic: HB2529

My name is Ryan Kessler. On March 5, 2015, on our back stairway, I suffered sudden cardiac arrest and died in my father's arms. My family jumped into action, called 911 who walked my brother through applying hands-only CPR. The fire department and EMS arrived and took over. They saved my life. My heart and then my breathing restarted as we approached the emergency room of Stanford Hospital. After an induced coma and 20 nights in the Cardiac Care Unit, I walked out of the hospital. I'm about to run my third marathon, a lucky one amongst the unlucky.