

Submitter: Amber Johnson

On Behalf Of:

Committee: House Committee On Rules

Measure, Appointment or Topic: HB3643

As a public school teacher, and mother of three teenagers I know the importance of mental health. I have watched the mental health of our youth decline sharply over the years. Talking about mental health needs to be viewed like we talk about physical health. Oregon youth need to know they are not alone and where to go for support. I strongly support October 9th as Suicide Awareness Day in honor of Oregon youth and Mikalynn.