OREGON DEPARTMENT OF Human Services

September 9, 2026 – Senate Health Care Committee

House Resolution 1 (HR1) Implementation: Work or Activity Rules and Eligibility

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Agenda

1. House Resolution 1 (HR1) Impacts
2. Implementation Timeline
3. Operationalizing Policy Goals
4. How to Stay Informed

OHA and ODHS Goals

- Keep eligible people covered
- Reduce inequities and harm to the people we serve
- Maintain compliance with federal rules

The potential impacts to coverage from HR1 are still evolving

- Some national forecasts show more than 200,000 people in Oregon who are otherwise eligible could lose Medicaid coverage over the next ten years as a result of HR1[1]
- True impacts will be known over time, and Oregon caseload forecasts continue to adjust as guidance and implementation details evolve
- Oregon is implementing several strategies to limit loss of coverage where possible
- Most members won't be impacted until late 2027 and 2028 with initial dropoffs beginning March 2027

Medicaid Work or Activity Rules

~600,000

Oregon Health Plan members could be subject to work or activity rules

19-64

The new rules apply only to adults

Some members will qualify for exemptions, such as parents or caregivers of children under 14 and people with certain serious health conditions

1 Manatt Health. Senate-Passed H.R. 1: Updated Estimates on Impact to State Medicaid Coverage and Expenditures, Hospital Expenditures, Including Impacts by Congressional District. Available from: https://shvs.org/resources/senate-passed-h-r-1-updated-estimates-on-impact-to-state-medicaid-coverage-and-expenditures-hospital-expenditures-including-impacts-by-congressional-district/

Budget Impact

Provisions that reduce OHP caseload leading to budget savings	2027-2029			2029-2031		
	General Fund	Other Funds	Federal Funds	General Fund	Other Funds	Federal Funds
Qualified noncitizen definition change (71109) Work Requirements (71119) Redeterminations (71107)	**$(412)**	**-**	**$(2,540)**	**$(630)**	**-**	**$(3,214)**

Provisions that create budget challenges	2027-2029			2029-2031		
	General Fund	Other Funds	Federal Funds	General Fund	Other Funds	Federal Funds
Provider Tax Changes (71115)	**$233**	**$(331)**	**$(229)**	**$599**	**$(856)**	**$(600)**
State Directed Payment Changes – Hospitals (71116)	**$66**	**$(96)**	**$(70)**	**$20**	**$(44)**	**$(55)**
State Directed Payment Changes – IGT (71116)	**$473**	**$(685)**	**$(473)**	**$814**	**$(1,178)**	**$(814)**
Healthier Oregon Program Emergency 90% to Title XIX	**$61**	**-**	**$(61)**	**$65**	**-**	**$(65)**

2027–2029 estimated program impacts:

- $421 million General Fund deficit
- Equals a 5% increase in state funds

2029–2031 estimated program impacts:

- $868 million General Fund deficit
- Equals a 10% increase in state funds

*Cost do not include in Current Service Level implementation cost

Operationalizing Policy Goals

- Increasing automatic verification, decreasing client burden:

  Using technology so people can automatically upload payroll documents

- Increase ease of access:
  - ONE Online accounts and the Oregon ONE Mobile app user access has been enhanced and member access made easier. Increases self service.
  - Ability for member to text wage stubs for automated processing into ONE Eligibility System
- Leverage SNAP and TANF work registration compliance information:
  - Case Managers have prioritized supporting people getting enrolled in SNAP and TANF work requirements programs. If a person meets the SNAP or TANF work requirements, they will be automatically exempt from Medicaid. This is a low cost low touch way to prevent loss of health care access when the Medicaid WR begins.

Timeline of Changes to Oregon Health Plan (OHP)

October 2026

- Some non-citizens will move to Healthier Oregon
- Some members will receive notices about meeting work or activity rules

January 2027

- Work or activity rules begin for some adults
- Shorter time period for help with recent medical bills (retroactive coverage)*
- Healthier Oregon members will move to OHP Open Card (Fee for Service)

Late 2027

- More frequent renewals**
- Continuous eligibility rules end for adults and change to one year for children

October 2028

- Some adults will begin paying a small fee (copay) for some services

*One month of past bills for many adults, up to two months for all others.

**Six-month renewals for many adults, twelve months for all others.

Affected OHP members will receive several notices

Late September to beginning of October 2026

ONE system notices go to ~7,000 immigrants moving to Healthier Oregon

~600,000 members will receive information about work or activity rules

Current plan*: ~100,000 Healthier Oregon members get first notice about Open Card move around this time

December 2026*

Healthier Oregon members moving to Open Card get MMIS Coverage letter and insert, including paper card.

Healthier Oregon members moving to Open Card get updated OHP Open Card welcome packet

January 2027

First batch of people receive renewals that may request Work or Activity documentation:

- If response not received by March 1, sent a notice of March 31 closure.

Note: for many members, the first renewal where OHP work or activity rules apply will be in 2028

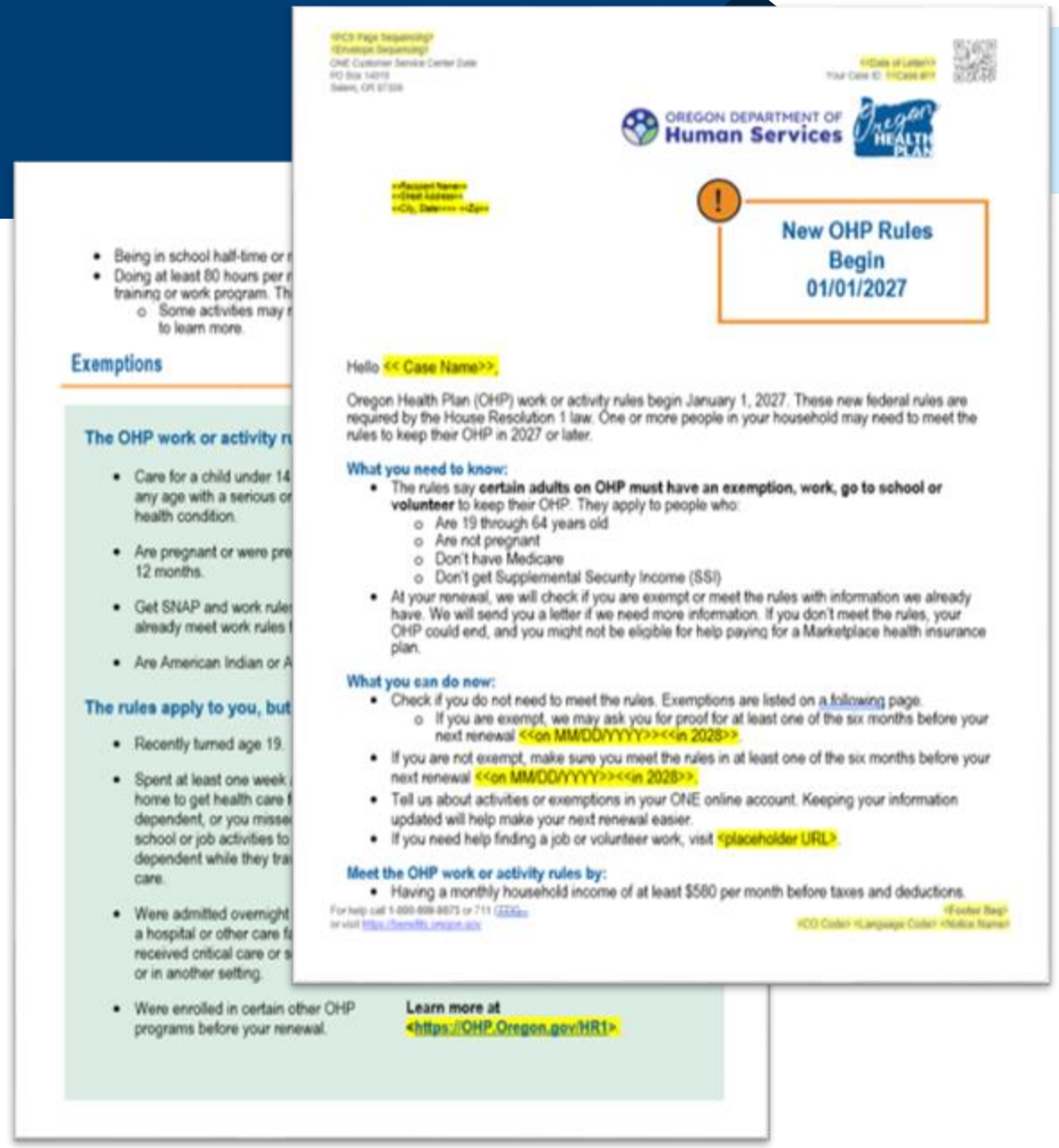
Late 2027

Shift to more frequent renewal schedules begins.

*Plans are subject to change based on feedback

Outreach notices

- Over 600,000 members will get informational notices about work or activity rules in late September
  - Federal requirement: to include all people on applicable programs, even those who will be exempt.
  - May be more than a year before the member's next renewal; case-specific renewal date is listed in the letter.



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New OHP Rules Begin 01/01/2027

Hello <<Case Name>>,

Oregon Health Plan (OHP) work or activity rules begin January 1, 2027. These new federal rules are required by the House Resolution 1 law. One or more people in your household may need to meet the rules to keep their OHP in 2027 or later.

What you need to know:

- The rules say **certain adults on OHP must have an exemption, work, go to school or volunteer** to keep their OHP. They apply to people who:
  - Are 19 through 64 years old
  - Are not pregnant
  - Don't have Medicare
  - Don't get Supplemental Security Income (SSI)
- At your renewal, we will check if you are exempt or meet the rules with information we already have. We will send you a letter if we need more information. If you don't meet the rules, your OHP could end, and you might not be eligible for help paying for a Marketplace health insurance plan.

What you can do now:

- Check if you do not need to meet the rules. Exemptions are listed on a following page.
  - If you are exempt, we may ask you for proof for at least one of the six months before your next renewal <<on MM/DD/YYYY>><<in 2028>>.
- If you are not exempt, make sure you meet the rules in at least one of the six months before your next renewal <<on MM/DD/YYYY>><<in 2028>>.
- Tell us about activities or exemptions in your ONE online account. Keeping your information updated will help make your next renewal easier.
- If you need help finding a job or volunteer work, visit <placeholder URL>.

Meet the OHP work or activity rules by:

- Having a monthly household income of at least $580 per month before taxes and deductions.

Exemptions

The OHP work or activity r

- Care for a child under 14
- Are pregnant or were pre
- Get SNAP and work rule
- Are American Indian or A

The rules apply to you, but

- Recently turned age 19.
- Were admitted overnight
- Were enrolled in certain other OHP programs before your renewal.

Learn more at <https://OHP.Oregon.gov/HR1>

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How to Stay Informed

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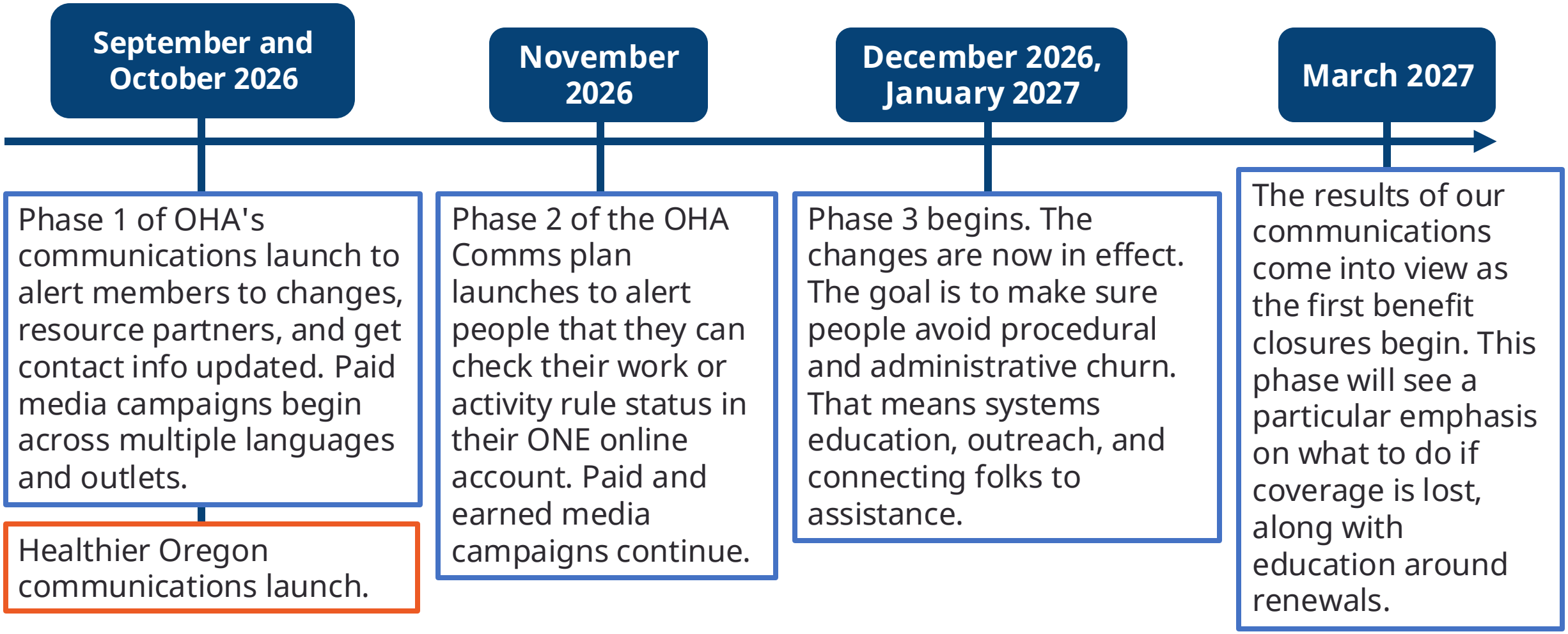
Communications and Engagement Approach

- Deliver simple, direct messages with clear calls to action.
- Use accessible formats, plain language, and multiple languages.

- Engage trusted partners who are directly affected.
- Engage providers during implementation.
- Engage nontraditional partners who provide essential supportive services in communities.

- When possible, incorporate input from benefit recipients, community partners, providers, and others.
- Monitor and correct misinformation as it arises.

Communications Milestones



External Audiences

- Earned and paid media campaigns beginning in September.
- The **Stay Connected, Stay Covered** campaign will run across the state and in multiple languages.
- Messaging will use multiple channels to meet people where they're at, including:
  - Radio Public Service Announcements
  - Digital ads
  - Community events
  - Print ads
  - Influencer marketing
  - Social media campaigns

English

Spanish

Key materials available now

- OHP Changes webpage: OHP.Oregon.gov/HR1 and OHP Toolkit hub page: OHP.Oregon.gov/Toolkit
- Work or Activity Rules & More Frequent Renewals two-pagers (English & Spanish)
- New Federal Rules and Upcoming Changes to OHP fact sheet (English & Spanish)
- Healthier Oregon fact sheet (English & Spanish)
- External HR1 talking points for partners (English & Spanish)
- SNAP Work or Activity Rules webpage: Oregon.gov/SNAPworkrules
- Ongoing touchpoints: Forward Together Oregon webinar (bi-monthly), Oregon Health Update Office Hours, and participation in local, regional, and statewide meetings with partners

How to keep your coverage

Keep your contact info up to date so OHP can reach you when it is time to renew.

How to get help

- For questions about renewals, or to report changes:

  Call 800-699-9075, go to Benefits.Oregon.gov, or visit your local ODHS office.

- For questions about using benefits:

  Contact your coordinated care organization (CCO).

  OHP Open Card members contact 800-562-4620

  If you don’t know if you have a CCO, call OHP client services at 800-273-0557. You can also learn more at OHP.Oregon.gov/Benefits

How to stay informed

Web page: Oregon Health Plan Changes Coming Soon
OHP.Oregon.gov/HR1

Newsletter: Oregon Health News
www.oregon.gov/oha/erd/pages/oregon-health-news.aspx

Social Media

- Instagram: @oregonhealthauthority
- Facebook (English): facebook.com/OregonHealthAuthority
- Facebook (Spanish): https://www.facebook.com/OHAespanol/
- LinkedIn: linkedin.com/company/oregon-health-authority

Oregon remains committed to keeping health care as accessible as possible.

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Thank you!

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