

October 3, 2025

Representative Hai Pham, Chair
House Committee on Behavioral Health
900 Court Street NE
Salem, OR 97301

Re: Follow up regarding behavioral health treatment in Oregon

Dear Chair Pham and members of the committee:

Thank you for the opportunity to present to the House Committee on Behavioral Health on Oct. 1. Committee members asked what happens after an individual completes treatment for a behavioral health condition. In-patient or residential treatment is only one step on the path to recovery, and our system is designed to provide ongoing supports that help people sustain their health and stability over time.

After completing in-patient or residential treatment, individuals are often connected to a range of recovery and community-based supports tailored to their needs. These include outpatient therapy, peer support services, recovery housing, medication management, employment and education supports, and culturally and linguistically specific services. For individuals at higher risk of relapse or crisis, wraparound and case management services help ensure they stay connected to care, housing, and other essential supports.

Recognizing that stable housing is essential to long-term recovery, the Legislature has made many targeted investments to expand recovery housing. As noted in the presentation, this has created additional safe, substance-free living environments across the state where people can continue building their recovery after treatment.

In October 2024, OHA launched the [Behavioral Health Housing and Licensed Capacity Investments Dashboard](#) showing progress toward increasing behavioral health housing capacity in Oregon. These investments are building out a full continuum of housing supports for people in recovery.

We know that recovery is not a one-time event but a lifelong process. That's why Oregon continues to expand peer-delivered services, recovery centers, supportive housing, and family and community supports, as well as behavioral health housing. These investments are critical to

reducing relapse, improving long-term health, and helping people fully participate in their communities.

In short, after treatment, the goal is to make sure every Oregonian has the supports they need—whether that's continued therapy, a safe place to live, a peer to call on in a moment of need, or opportunities to rebuild their lives and thrive.

Sincerely,

A handwritten signature in black ink, appearing to read "Ebony Clarke".

Ebony Clarke