

Submitter: PA CK53

On Behalf Of:

Committee: Senate Committee On Rules

Measure: SB1548

Please stop the disruptive and unhealthy practice of time changes twice a year. There has been scientific studies done that show these time changes correlate with increased cardiac events, accidents, and disrupted sleep cycles (one I can personally attest to!).

Please stop changing the clocks, there is really no good reason to continue this unhealthy and senseless practice.

Thank you.