

Submitter: Jessica Robertson
On Behalf Of:
Committee: Senate Committee On Rules
Measure: SB1548

I am in opposition to this measure for several reasons.

1. I own a small business that does remote contract work with a company in the eastern time zone. If this measure goes into effect, for most of the year the time difference between pacific and eastern time would be four hours. This additional difference would put a significant strain on my business.

2. Daylight savings time beneficially impacts my quality of life and mental health. I look forward to the change each year. Year round DST would be ideal, but I understand that is impossible without a change at the federal level. Having an extra hour of daylight at the end of the work day makes a tremendous difference in the kinds of activities I'm able to engage in after work. With standard time I, like many people, work through all of the daylight hours in the winter and am unable to enjoy any daylight.

Additionally, without DST the sun would rise as early as 4:28 am in the summer. This has the potential to harm the sleep quality and health of all Oregonians. Please do not pass this measure.