

Submitter: Joseph Graybill

On Behalf Of: Self

Committee: Senate Committee On Veterans, Emergency Management, Federal and World Affairs

Measure: SB1548

Hello , I am writing in opposition to the proposed removal of daylight saving time and implementing a full year standard time system. I want to have daylight in the afternoon and evening when I, and others, are awake and active in the latter part of the day. I fully understand it is the same 24-hour day, every day. Light in the morning is irrelevant, regardless of when anyone arises, if 5am or 7:30am. Being able to be outside at the end of the day, 8pm or 10:30pm, the available lighted periods allow more activities to be accomplished - outside. In my personal case, I use evening hours, summer or winter, to perform yard, house, church and other work.

I understand too, that some want light in the mornings for younger school children, which is understandable for that segment of the population. However, for school, parent and child security, by far most bus systems are door to door. And most options these days a parent(s) drives children directly to the school grounds. Not withstanding obvious exceptions, because some walk or ride bikes (even these days), most children are driven to school in one form or another. There are many more people of all ages that will be served by daylight in the after school/work/social time.

The issue of changing schedules and a negative effect on human biology would go away once a consistent and regular time schedule is adopted, and not change twice a year. Another important factor is that living in the Pacific Northwest our sunlight is precious for the psychological well being of people, particularly in the fall/winter months . Being awake for hours of the day that have light is most important to a lot of people , including myself. I find the winter months difficult with the Seasonal Affected Disorder of dark gray sky. On a personal note, for myself being moderately affected, the best day of the year for me is the day of the Winter Solstice. At that time it make no difference of a few seconds on the clock, but knowing the days are longer, makes me happier.

I believe there are a lot of people who would want to have awake hours, during the time the sunlight is showing above the horizon. There are likely many more people than we know of, that want daylight saving time, but might not say anything till after the fact. I cannot speak to the issue of if Washington or California will change their timing, but I would hope that they would want day lighted hours maximized. The three west coast states should be the same, we are geographically similar in longitude and there is no need to be different.

The bottom line is, please to not go to full year standard time. Daylight saving time is far more useful to far more people than we realize.

Thank you for this opportunity to provide testimony on this topic. Joe Graybill,
Sweet Home, Oregon.