

Submitter: Carla Horton

On Behalf
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal
and World Affairs

Measure: SB1548

Being the only state on the west coast keeping standard time lacks common sense and foresight for the problems that will arise. Losing an hour of daylight in the evening for people who struggle with depression and light-affect disorders will create a tremendous strain on our citizens who struggle with mental health. Being the only state on standard time will be confusing for most citizens but especially our seniors and mentally challenged peoples when having to interact with others in Washington and California when we cannot make plans for leisure and work on a uniform time schedule. Please oppose this.