Unto the legislative assembly of Oregon,

I write today as a citizen, a parent of four and partner. I, and my family, support the effort to continue Standard Time.

Keeping time is a method for navigation, business, and to help regimen one's life should one choose to avail oneself to it; at one time it seemed "common sense" that one should go through the admittedly simple process of changing a clock; but, as with so many other traditions that have fallen by the wayside of history, there is no longer any need to do so.

Our internal clocks will not suffer, the day will have the same hours as it did before; quite literally, no single thing about our lives will change.

The Sun does not alter itself at our behest, and when we change the clock we *do not* "gain" an hour of daylight; we are simply changing the name we call the time, nothing more. The amount of time we have is set; the hours do not change, we do not gain or lose time. To think or claim that we are creating extra time by the act of pushing a button is utter foolishness, and is a completely fallacious argument.

No person will be affected by failing to push a magical button on a special day, and we should be very concerned for the well-being of any person who thinks this is so.

To abolish DST in the Great State of Oregon changes nothing substantial in our lives, but does move us towards a less complicated life (albeit in a small way).

Let us move forward with confidence that tomorrow will be the same or better than yesterday, even without pushing a button on a specified date and time.

Thank you for your time and consideration, and I remain,

Barry J. Murphy