Submitter: Susan Gravelle

On Behalf

Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal

and World Affairs

Measure: SB1548

I fully support Standard Time permanently. Standard time is the natural time that correspond's with our Arcadian rhythms. DLS causes me to experience sleep issues which effects my health. DLS was used all year in the 70s for one year. DLS was discontinued all year in the 70s because people did not want to drive to work in the dark, plus it was not safe for children to walk to school in the dark. Standard Time permanently makes more sense for everyone.