

Submitter: Carol Miller
On Behalf Of: SB 1548
Committee: Senate Committee On Rules
Measure: SB1548

Please keep standard time all the time. The sun gives us the same amount of daylight no matter what the clock says. Our biological clocks run by the sun. Studies show that our bodies respond to the sun and changing back and forth is affecting their physical/ emotional and physical well being. Daylight time in winter gives us a 9 am sunrise. This is a safety factor when children are heading to school in the dark. Do the responsible thing and return us to standard time all the time.