

Submitter: Sandeep Kumar
On Behalf Of: my family
Committee: Senate Committee On Rules
Measure: SB1548

I strongly oppose the move to standard time. While I understand the desire to eliminate semi-annual clock changes, anything is preferable to permanent standard time. It is unconscionable that the legislature would ask people who work remotely with Eastern or Central Time zone companies or co-workers to suddenly wake up an hour earlier during the months of March-November while the rest of the country is on Daylight savings time. Oregon would be 4 hours behind EST for 8 months of the year, which is untenable.

There are health concerns as to why this would be a terrible idea, including the prolonging of Seasonal Affective Disorder and would aggravate or burgeoning mental health crisis.

These poorly planned policies need to come to end, especially when we already resolved this issue on 2019. Please put more time into helping Oregon Public schools, something that is noticeably missing from the docket while these matters are revisited.

Thank you