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On Behalf Of:
Committee: Senate Committee On Rules
Measure: SB1548

This is a great opportunity, please go ahead with SB 1548. As you know, sleep experts prefer Standard time due to the body's natural cycles.

And you must know that changing the clocks like we have been results in more heart attacks, strokes and car wrecks. Some people prefer Daylight time, but that takes an act of Congress, so they can work on that, but I wouldn't hold my breath about any action.

So, this is the opportunity, not perfect for everyone, but neither are the other options, i.e., do nothing and keep up with this lunacy, or move Congress.

For those who object because California and Washington state haven't changed theirs, well, unless you synchronize legislative sessions, how could that be seamless? Someone has to go first. And for those who live in Vancouver and work in Portland, please let them work with their state government to get this done, not bend our legislation to a subset of out-of-state residents.