

Submitter: David Michelson  
On Behalf Of:  
Committee: Senate Committee On Rules  
Measure: SB1548

Here are some of the organizations in support of permanent standard time:

American Academy of Sleep Medicine  
National Sleep Foundation  
Society for Research on Biological Rhythms  
American Medical Association

Here are some of the organizations in support of permanent daylight saving time:

National Retail Federation  
US Chamber of Commerce  
National Association of Convenience Stores  
National Golf Course Owners Association

These groups aren't stupid. They are advocating for the position that is aligned with their stated interests. The AASM, NSF, SRBR, and AMA all have as their mission to protect public health. The NRF, COC, NACS, and NGCOA have as their mission to increase consumption/sales.

Both sets of organizations can claim to have evidence to support their position, but that neglects the fact that the former primarily care about evidence concerning our health and wellbeing while the latter primarily care about evidence concerning public spending. Which do we want to care more about? This doesn't have to be an us versus them situation, it just needs to be about our priorities. If we prioritize our health, we start from the assumption that our clocks should be set in whatever way best serves our health. From that baseline we could then ask the question, how might we change other aspects of our society to meet any economic or recreational needs we may have. Our economy should serve us, we shouldn't serve our economy. Our health comes first.