

Submitter: London Lunoux  
On Behalf Of:  
Committee: Senate Committee On Rules  
Measure: SB1548

I strongly oppose this bill. In Oregon we already struggle with depression, seasonal affective disorders and an alarming suicide rate. Standard time means that for almost half the year it's dark as midnight by 4-5pm. If we stayed on standard time not only would that get worse but the sun would also rise at 4:30am in the warmer months which also isn't good. Both of these scenarios are detrimental for depression and suicide rates.

My other strong opposition is that our elected legislators are going AGAINST what us Oregonians voted for- permanent daylight savings time. That's what we want. Even if we have to wait or pressure congress to approve it. It's highly unacceptable to go against what we voted for.

Longer light in the last half of the day is good for mental health, after school activities for kids and activities after work. In a state that sees alot of rain and grey skies the DST light at the end of the day is crucial.

No permanent standard time. Daylight savings time or keep the switch.