

Submitter: Rishab Patil

On Behalf Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal and World Affairs

Measure: SB 1548

Hello Oregon Senate Committee

My name is Rishab Patil, and I just want to let you know that I am a resident of a state that's right below Oregon, California, I am very unhappy about this legislation being filed by State Senator Kim Thatcher, this is a very Senseless legislation, lacking common sense, Seriously? Abolish Daylight Saving Time in Oregon? Is this really the most and main important issue and concern that is tackling the American people? Has State Senator Kim Thatcher learnt to be patient? It's so sad that we have many Senators who never learnt to be patient, As you know I am the founder of the Save Daylight Saving Time group, residing in San Ramon California, 94582, and I am here to urge every members of the committee to STRONGLY OPPOSE and Vote NO on SB 1548, bill to make Standard Time permanent in Oregon, this bill goes against safety, against the willing of the many people who are badly wanting Permanent Daylight Saving Time

Do NOT abolish Daylight Saving Time

Instead Abolish Standard Time and let's keep Daylight Saving Time year round! By contacting your many members of Congress to Support Making Daylight Saving Time permanent and telling them to PLEASE cosponsor the Sunshine Protection Act!

AND urging the DOT and Congress to Change the Uniform Time Act of 1966

Unfortunately Under the Uniform Time Act of 1966 states cannot go to Permanent Daylight Saving Time and are only allowed to Change Clocks 2x a year or stay on Standard Time year round,

The REAL BEST option is to stick with Changing the clocks 2x a year and QUIT whining about it like a baby.

While we agree, changing the clocks 2x a year is a headache, and it also harms, BUT there are many things out there that are MORE harmful to public than anything else

Claim: "Standard Time is healthier and will benefit public health" by medical organizations

Check it out:

- Climate Change
- Racism
- Low Wage (being poor)
- Drugs, Fentanyl and Opioids, Alcohol poisoning
- Obesity
- Unhealthy Food
- Diseases

ALL happen even during Standard Time!

I think all of that up there 🙌 is what is more important and most harmful to public health!  
Making Standard Time permanent will NOT fix ANY of that.

Instead

If SB 1548 becomes law, the amount of car collisions, dear deaths, human deaths, injuries and billions in dollars of costs will be doubled, (Current Biology Study by University Professor of Forest Science Laura Prugh PhD and Calum Cunningham)

Darkness in the evening is 2x more fatal than darkness in the morning study by University of Washington Professor of Law and Economic Steve Calandrillo

When we fall back, we see an 11% increase in Seasonal Affective Disorder

Please with all our begging! We are PLEADING you to PLEASE REJECT and IGNORE Save Standard Time, Jay Pea, Karin Johnson, and The American Academy of Sleep Medicines recommendation for Permanent Standard Time, sure, Sleep Experts oppose Daylight Saving Time,

The Sleep Experts and Medical Organizations who favor Standard Time are pontificators who have made a dogmatic preference for Standard Time they refused to take a look at the benefits of Daylight Saving Time, showing absolute Bias!

May I ask you something, what is the benefit of the sun rising at 4:30 am in the summer? There is ZERO evidence to prove that Standard Time's insanely bright morning will give us more sleep, it is all pseudoscience that the Medical Organizations are pushing, If Standard Time became permanent, the sun would rise at 4:20 am in Portland Oregon, 4:25 am in Salem Oregon, we have a bill here in California which I am strongly opposed to too! 4:35 am in deep Southern California, San Diego area, 4:39 am in Los Angeles area, and around 4:45 am in the San Francisco Bay Area, I don't know about you, but the sun rising at 4:30 am is too early, again, there is NO evidence to prove that "Standard Time" will improve our sleep, bad health and good health happen regardless of clock, yes we indeed do have a circadian rhythm, but everyone's circadian rhythm's are different and react to daylight and dark differently, people go on their screens at night THAT is what causes sleep problems, NOT Daylight Saving Time,

4:30 am sunrise in the summer is a WASTE of sunlight.

Early sunrises and early sunsets don't make people go to sleep earlier and wake up earlier, it's about our bodies preference, yes when sun rises and sets it does give us signals BUT when we see it bright and sunny at 4:30 am in the morning? We will be very confused, we'll rely on clock and sleep through the sun, I am NOT willing to sacrifice my evening sunshine for those morning people, many are NOT awake at 4:30 am, we rely on clock more than sun

Why should Oregon observe Standard Time year round?

Really? Why? Just because Oregon and California don't lie in UTC-7 does NOT mean that Oregon and California should not be observing Permanent Daylight Saving Time,

Here is GREAT evidence of why Permanent Standard Time is NOT better:

Look at Indiana, West Texas, some parts of Canada, Western China, Malaysia, Singapore, Spain, Morocco, and many more? Do they complain about observing a time that is not in their longitude alignment,

Is Standard Time really the best option? No, it is not!

And It doesn't matter that they are different countries and life is different there, those countries lifestyle and society will teach Oregon and United States learn from what is best to have and not

India, Bangladesh, Venezuela, Philippines, Nigeria,

Observe longitudinally correct Permanent Standard Time, and they are more poor countries and one of those countries have high crime, did Permanent Standard Time really fix it? No, It did not

Capital District New Delhi India is Smokey everyday Bad Air Quality, Air pollution, and people die from it. Did Permanent Standard Time, time zone UTC+5:30 fix it? No, it did not.

I lived in India for months, country that observe UTC+5:30 we didn't have access to proper education systems, we were kinda poor, dirty water, and lack of transportation, did Permanent Standard Time really fix India? It did NOT.

I was in Singapore, it was a better country, their solar moon is not at 12 pm, they observe a clock that's one hour ahead of where they lie giving them more sun in the evening is because they want to attract more and more tourists.

But in Oregon, Permanent Standard Time Makes NO sense we are a great state for a lot of evening activities, also the coast of Oregon in the summer will be cold in the evening

Sunset at 7:30 pm will CUT many many of the people's sport practices and many businesses who rely on evening lights

Yes, Many polls show that people don't like changing clocks 2x a year, but when you find out the truth, it is STANDARD Time that many people are hating, when we fall back, see the sunset at 4:50 pm, Standard Time is the culprit, not Daylight Saving Time,

There is nothing special or magical about "Standard Time"

Truth:

Standard Time is NOT "god's clock"

Standard Time is NOT "nature's clock"

Standard Time is NOT "Sun's clock"

it is made by a man, Babylons Hipparchus who created numbers and hours then Gallelio determined and claimed the sun position by numbers, finally comes Sir Sanford Fleming who invented 24 Standard Time zones

Days are naturally long in the summer and short in the winter, Kids and people's workplace morning safety: It is a pet peeve of mine when people say Year round DST was tried in 1974 and kids will be going to school In the dark,

It's SIMPLE common sense,

Schools should START LATER!

Workplace should START LATER!

1974 was 50 years ago! We have better transportation and better society, we adapted and became more close with Daylight Saving Time Today FAR more than we did 50 years ago!

Oregon passed a bill to make Daylight Saving Time Permanent, why are we pushing the wrong way? It is TOO EARLY to say that we can go to Standard Time, Be PATIENT!

While as here in California, Prop 7 also gave us the option for the California leg to urge congress to change the Uniform Time Act so that California can observe Permanent Daylight Saving Time! Why are we here pushing bad legislation for California? It is way TOO early for California to consider Permanent Standard Time, Congress has acted in 2022, but only a part of them did, US Senate 15 March 2022 when they unanimously passed S.623 Sunshine Protection Act by Marco Rubio Republican Senator from Florida, but the House has not acted, so far the main reason Congress is not doing anything about the changing clocks 2x a year is because Congress has far more important priorities to worry about,

Either We Change Clocks 2x a year to prevent winter morning darkness or we are going to wait for Congress to approve Permanent Daylight Saving Time!

Permanent Standard Time is a HORRIBLE idea!

again

BE PATIENT!!

I'll share you more information, give me a call a +1 (925) 678-0261 and chat with me on why we should NOT pass SB 1548

Please OPPOSE SB 1548

Or amend this bill to Permanent Daylight Saving Time

Ban Standard Time!!