

Submitter: Matthew Bradley

On Behalf  
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal  
and World Affairs

Measure: SB1548

Dear Legislators,

I am writing to express my vehement support for SB1548. The annual Daylight Saving Time switch has been a burden and hazard to our society for long enough. It's time for a change. Many studies have shown that our biennial time change has harmful impacts on traffic safety, energy consumption, crime, physical and mental health, and student academic performance. As a teacher, I directly see the negative impacts that the time change has on my students (and my own children) twice a year. Furthermore, a recent poll from Monmouth University (2022) showed that 65% of Americans prefer to end the practice of changing our clocks. This policy change is long overdue. Please support SB1548 and improve the health and wellbeing of our state.

Sincerely,

Matt Bradley  
Science Teacher, Spencer Butte Middle School  
Co-Founder, Whole Earth Nature School