

Submitter: Ann Lamer

On Behalf  
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal  
and World Affairs

Measure: SB1548

Steve P. Calandrillo, a professor of law at the University of Washington, argued for year-round daylight saving time because, he said, it would save lives, decrease crime, save energy and have other benefits.

"Again and again, research has shown that sunlight is far more important to Americans' health, efficiency and safety in the early evening than it is in the early morning," he wrote. "That's not to say there aren't downsides to DST (notably an extra hour of morning darkness). But on net, when all of the costs and benefits are balanced, the advantages of extended DST far outweigh those of standard time."