

Submitter: teresa mcgrath

On Behalf
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal
and World Affairs

Measure: SB1548

hi sen thatcher,

we work early and would appreciate if you would support and restore permanent
standard time...

it's sad that kids would walk to school in the dark, as sunrise would be past 0900..

during dst, people party too much, get into mischief, and cause noise problems when
it's still light out at 1000pm..

pls restore permanent standard time for our circadian rhythms, health, safety, and
more...

many health care doctors and staff see the benefits of standard time with sleep
activity, diabetes prevention etc...

we live in portland, and it's sad that daylight wouldn't be til after 0900 during dst...

thx

teresa mcgrath and nat kim, ne portland...