

# House Bill 4104

Sponsored by Representatives JAVADI, BOWMAN, PHAM H (Pre-session filed.)

## SUMMARY

The following summary is not prepared by the sponsors of the measure and is not a part of the body thereof subject to consideration by the Legislative Assembly. It is an editor's brief statement of the essential features of the measure **as introduced**. The statement includes a measure digest written in compliance with applicable readability standards.

Digest: Creates a new state holiday to teach people about a heart disease that is common but is also not often diagnosed. (Flesch Readability Score: 60.6).

Designates the fourth Wednesday in February of each year as Hypertrophic Cardiomyopathy Awareness Day.

Declares an emergency, effective on passage.

## A BILL FOR AN ACT

1  
2 Relating to hypertrophic cardiomyopathy; and declaring an emergency.

3       Whereas hypertrophic cardiomyopathy (HCM) is a chronic cardiac disease involving the  
4 thickening of the heart muscle which can potentially lead to debilitating symptoms and serious  
5 complications, including heart failure, atrial fibrillation, stroke and in rare cases sudden cardiac  
6 death; and

7       Whereas HCM is the most common inheritable heart disease and can affect anyone regardless  
8 of age, gender, or ethnicity, with a reported prevalence ranging from 1 in 200 to 1 in 500 in the  
9 general population; and

10       Whereas an estimated 700,000 to 1,650,000 people in the United States have HCM, yet 85 percent  
11 of them remain undiagnosed; and

12       Whereas HCM shares symptoms with other common cardiovascular and pulmonary diseases, in-  
13 cluding shortness of breath, chest pain, fatigue, palpitations and fainting, making it difficult to dis-  
14 tinguish HCM from those other diseases; and

15       Whereas all-cause mortality risk is three to four times higher in patients with untreated HCM  
16 than that of the general population; and

17       Whereas knowing one's medical history and being familiar with the signs and symptoms of HCM  
18 is an important first step in receiving an accurate diagnosis of HCM; and

19       Whereas to help identify the risk of cardiac disorders, health care providers must first conduct  
20 thorough screenings with cardiac health questions; and

21       Whereas health care providers may also conduct several tests, including an echocardiogram, a  
22 cardiac MRI, and genetic testing, to confirm a family history of HCM, but must also examine the  
23 heart to diagnose HCM; and

24       Whereas following a diagnosis of HCM, it is important for patients to work with their health  
25 care provider to learn more about their disease and understand different management options, in-  
26 cluding prescription medicines and surgical treatment options; and

27       Whereas HCM awareness is critically important in improving the cardiovascular health of  
28 Oregonians; now, therefore,

29 **Be It Enacted by the People of the State of Oregon:**

**NOTE:** Matter in **boldfaced** type in an amended section is new; matter *[italic and bracketed]* is existing law to be omitted. New sections are in **boldfaced** type.

1        **SECTION 1.** The fourth Wednesday in February of each year is designated as  
2        Hypertrophic Cardiomyopathy Awareness Day.

3        **SECTION 2.** This 2024 Act being necessary for the immediate preservation of the public  
4        peace, health and safety, an emergency is declared to exist, and this 2024 Act takes effect  
5        on its passage.  
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