

Subject: Support for Abolishing Annual Time Change to Daylight Saving Time in Oregon

Dear Members of the Oregon Senate Committee on Rules,

I hope this letter finds you in good health and high spirits. I am writing to express my strong support for the proposed bill that aims to abolish the annual one-hour change in time from standard time to daylight saving time in Oregon. I believe that maintaining Oregon on standard time for all 12 months of the calendar year would be a positive step forward for our state.

***But 1<sup>st</sup> I must take this opportunity to object to the outrageous fact that May is nearly over and still neither Rules Committees have scheduled a single hearing on any Campaign Finance Reform bill(s) despite overwhelming mandate from the public since the 2020 election and despite the fact that it was supposed to be one of our Governor's top 3 priority issues. SB 500, SB 258, HB 3455 and HB 2003... have all languished in committee, and as important as this clock issue is... it is not the issue nearly 80% of Oregonians voted to see change back in 2020.***

The practice of daylight saving time has long been a topic of debate and discussion, and I firmly believe that it is time for Oregon to reconsider its implementation. While the intention behind daylight saving time was originally to conserve energy and increase productivity, it has become clear that the benefits are questionable and the drawbacks are significant.

One of the primary concerns associated with daylight saving time is its impact on public health and well-being. Numerous studies have shown that the biannual time changes can disrupt sleep patterns, leading to fatigue, decreased cognitive function, and even an increased risk of accidents and injuries. By maintaining standard time throughout the year, Oregonians would experience greater consistency in their sleep schedules, promoting better overall health and reducing the negative consequences of time changes.

Moreover, the economic implications of daylight saving time cannot be overlooked. Businesses and industries across the state must contend with the disruption caused by changing clocks twice a year. The adjustment can disrupt supply chains, confuse customers, and impose additional costs on enterprises that must update and synchronize their systems accordingly. By adopting a stable time standard, Oregon

can provide businesses with the predictability and stability needed for long-term planning and operational efficiency.

Additionally, the notion of daylight saving time no longer serves its original purpose effectively. Modern society has advanced significantly since the concept was first introduced, and the purported energy savings are no longer as substantial as initially projected. In fact, recent research suggests that any potential energy conservation is outweighed by increased energy consumption in other areas, such as air conditioning and lighting. By eliminating daylight saving time, Oregon can remove an outdated practice and focus on more effective energy-saving initiatives.

Lastly, it is essential to consider the preferences of the people of Oregon. Surveys have consistently shown that a majority of the population favors eliminating the time change and staying on standard time permanently. As elected representatives, it is crucial to heed the wishes of our constituents and make decisions that align with their desires and well-being.

In conclusion, I strongly urge the members of the Oregon Senate Committee on Rules to support the bill that advocates for abolishing the annual time change to daylight saving time. Maintaining Oregon on standard time for all 12 months of the calendar year would promote public health, economic stability, and the will of the people. This change would ensure greater consistency, reduce the negative impacts of time changes, and allow for more efficient planning across various sectors.

Thank you for your attention to this matter, and I trust that you will carefully consider the benefits associated with this proposal. Please feel free to contact me if you require any further information or would like to discuss this issue in more detail.

Sincerely,

Brian Jensvold

MultDems PCP