Oregon Health Authority: Supporting Primary Care

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Presentation overview

- State of primary care
- Oregon Health Authority (OHA) levers to support primary care:
 - Improving how primary care providers are paid
 - Increasing payment for primary care
 - Improving the primary care delivery system
 - Investing in the primary care workforce



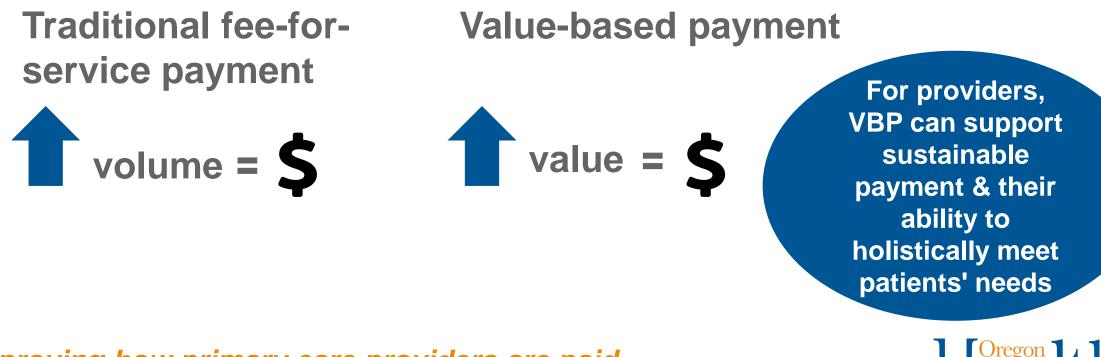
OHA is helping address primary care system challenges

- Oregon's primary care system faces challenges, which were exacerbated by COVID
 - Primary care providers report they are not reimbursed for all elements of patientcentered care they provide, and can only cover their costs by decreasing visit length and increasing the number of daily appointments
 - There are significant primary care workforce shortages
- OHA supports primary care by:
 - Improving how primary care providers are paid
 - Increasing payment for primary care
 - Improving the primary care delivery system
 - Investing in the primary care workforce



Changing how primary care providers are paid leads to better care

The past decade has seen a national movement away from traditional fee-for-service payment toward value-based payment (VBP)



Improving how primary care providers are paid

OHA is supporting strategies to move to valuebased payment

Value-based Payment Compact

 Voluntary commitment by payers and providers to spread VBPs by meeting specified VBP targets and timelines

Primary Care Payment Reform Collaborative

• Collaborative required by 2015 legislation to support: 1) increased investment in primary care, 2) improved payment methods, and 3) aligned payment

Primary care VBP model

- VBP Compact Workgroup requested the Collaborative develop a primary care VBP model for voluntary adoption across Oregon.
- Model rewards quality and supports timely, coordinated, team-based care

Improving how primary care providers are paid



Increasing primary care payment

"Primary Care Spending in Oregon" report

- Legislatively mandated report tracks:
 - Primary care spending as a percentage of total health plan expenditures
 - Per member per month primary care practice reimbursement
- Presented to the Collaborative annually to inform its work

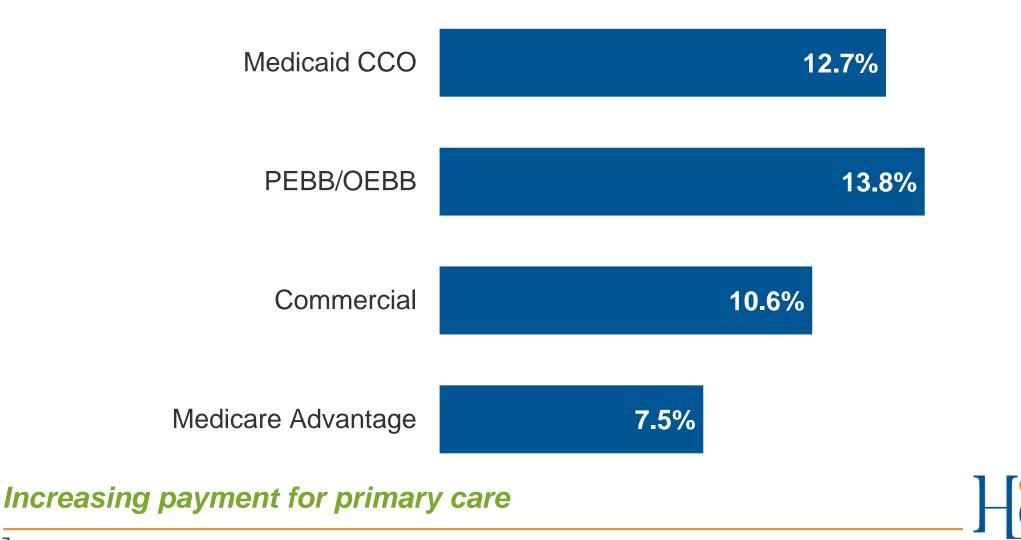
2017 legislation mandated increased primary care spend to 12% target

- Primary care spending report is used to track progress toward achieving target
- Target required as of 2023; data tracked via primary care spending report since 2016

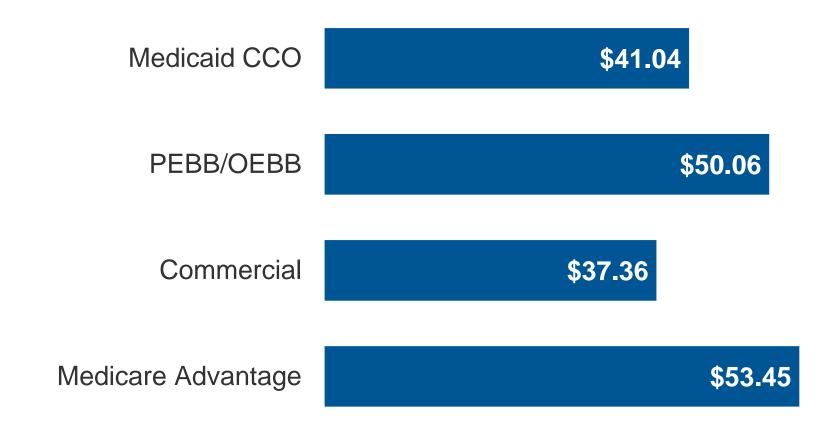


Increasing payment for primary care

Average of each payer's primary care spending as percent of total expenditures in 2021



Average of each payer's primary care spending per member per month in 2021



Increasing payment for primary care



Patient-centered primary care home (PCPCH) program

- Established in 2009 by the Oregon Legislature to support the Triple Aim of better health, better care, lower costs
- Over 640 Oregon primary care practices are PCPCHs; three-quarters of all people living in Oregon receive care at a PCPCH
- PCPCH standards are developed via partnership between OHA and a volunteer advisory committee
- New equity designation for PCPCHs meeting equity-focused standards is under development



Improving the primary care delivery system

PCPCH program evaluation: Proven return on investment

- Assessed PCPCH impact on health care expenditures and service utilization (Oct. 2011 – Sept. 2019)
- Compared with non-PCPCH clinics, PCPCHs resulted in:
 - Reduction of total health care expenditures per person by 6.3%, or approximately \$76 per person per quarter
 - An estimated \$12 in savings in other services, including emergency department and inpatient care, for every \$1 increase in primary care expenditures related to the PCPCH program
 - An estimated \$1.3B in savings over the program's first eight years, from approximately \$68M in its first year to \$200M in its eighth year

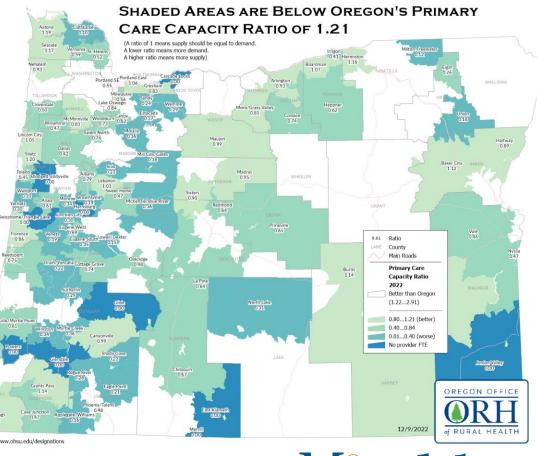
Source: Wallace, N. & Joyner, C. (2023). Evaluation of Oregon's Patient-Centered Primary Care Homes on Expenditures and Utilization from 2011 to 2019. <u>https://www.oregon.gov/oha/HPA/dsi-pcpch/Documents/PCPCH%20Eval%202011-19%20Final%20022423.pdf</u>

Improving the primary care delivery system

Oregon's 2023 Health Care Workforce Needs Assessment & Primary Care

- HB 3261 (2017) mandates OHA assess the health care workforce to meet patient and community needs every two years
- Low primary care capacity is seen in areas throughout the state
- Promoting health equity requires recruiting, educating, and retaining a diverse primary care workforce
- To stabilize and diversify Oregon's workforce so it can deliver culturally responsive, effective primary care to all:
 - Some professions need increased compensation
 - **Many** professions need better paths for increasing skills, pay and impact
 - All need more resiliency and well-being

Investing in the primary care workforce





Sample HOWTO Grant Program awards that strengthen the primary care workforce

- Four rural primary care residency
 programs
- Interprofessional primary care training
 institute
- Several Traditional Health Worker and frontline worker training programs

Source: HOWTO Grant Program. <u>https://www.oregon.gov/oha/HPA/HP-</u> PCO/Pages/howto-grant-program.aspx

Investing in the primary care workforce



Evaluation of OHA Health Care Provider Incentives

- HB 3261 (2017) requires OHA to analyze data on participants in Oregon's financial incentive programs (e.g., loan repayment, loan forgiveness, scholarships, grants, tax credits)
- Data on incentive program participants:
 - About 3,000 primary care students and practicing professionals joined Oregon's health care workforce from 2018 to 2022
 - They will provide nearly 900,000 hours of primary care to ~340,000 patients during their service obligation period
 - Of those for whom race and ethnicity data was collected, 34% identify as people of color or Tribal members

Investing in the primary care workforce

Evaluation of the Effectiveness of Health Care Provider Incentive Programs in Oregon



In summary

To help address the challenges the primary care system is facing, OHA uses various levers to support primary care:

- Improving how primary care providers are paid
- Increasing payment for primary care
- Improving the primary care delivery system
- Investing in the primary care workforce



Thank you! Questions?

