

Submitter: Elise Chandler
On Behalf Of:
Committee: Joint Committee On Transportation
Measure: HB3202

Dear House Committee,

Please support HB 3202 for the protection of our night skies, our wildlife, and our own human health by limiting egregious and harmful lighting.

It is of utmost importance that dark skies are preserved for the continuation of what little biodiversity we have left. Our own health a a species depends upon it. Within our cells are circadian clock proteins which are essential for biological processes such as hunger and sleepiness. “It acts as our central pacemaker, checking the cycles of light and dark outside, and then sending signals to synchronize clocks throughout the rest of the body” (Protein Data Bank Molecule of the Month: Circadian Clock Proteins).

I grew up in an international dark sky community, and my access to the starry night forever impacted my connection with nature and my perception of reality. Please pass the Oregon Night Sky Protection Act so that my children and future generations may have similar experiences essential to life on our planet.