

Deborah Tilden - Testimony for Oregon HB2002 - 3/20/2023

Dear Chair Nosse, Vice-Chairs Goodwin and Nelson, and fellow Committee members: My name is Deborah Tilden, I am speaking in opposition of HB2002.

I am co-founder of S.M.A.R.T. Women's Healthcare. We advocate for women's right to know about the risks, complications and causal links of abortion on their lifelong health and wholeness.

For the record, I have personally experienced an abortion here in Oregon. I was lied to then, just like women are lied to today!

The current abortion-on-demand, women's "healthcare" narrative does NOT take into account the whole woman, from a holistic foundational framework of the female body.

Why aren't we passing laws that require full reporting by the abortion industry, require informed consent and full disclosure?

Let me list what full disclosure would look like with a small sampling of peer reviewed studies:

British Journal of Gynecology, May 2009:
“The adjusted risk of preterm birth -
increased by 27% after one abortion, and
62% after two or more abortions.”

Journal of American Physicians and
Surgeons, 2007 September: The breast
cancer epidemic: modeling and forecasts
based on abortion and other risk factors.
“There are now 56 studies that show a
positive association between abortion and
breast cancer, of which 35 are statistically
significant.”

In 2007, an actuary found that abortion was
the greatest predictor of breast cancer
incidence in nine European countries.

British Journal of Psychiatry 2011: Abortion
and mental health; quantitative synthesis
and analysis of research published
1995-2009, stated, “ meta-analysis identified
22 studies which strongly supported an
association between abortion and mental
health problems. An overall 81 percent
greater risk of mental health problems for
women who had on abortion compared to
those who did not...”

These include increased risk:

- Anxiety disorders - 34%
- Depression - 37%
- Alcohol use/abuse - 110%
- Marijuana use/abuse - 220%
- Suicide behaviors - 155%

British Medical Journal, December 1996 -
Suicides after pregnancy in Finland, 1987-94:
"A large-scale, linkage study in Finland found
that within one year of the end of
pregnancy, the suicide rate associated with
abortion was six times HIGHER than the
suicide rate associated with childbirth.

Why aren't we here affirming a woman's
right to know the truth of all the risk
factors of abortion, reproductive grief and
loss. Don't our sisters of humanity deserve
to know the truth?

My ONLY TRUE REGRET in this life is that I
listened to the lies of the abortion clinic
worker, over what was good, right and true.
I robbed my living children, our family, this
world of an incredible individual, who's life
was ended because of the lies of abortion.

She has a name, it's Guinevere Rose, and her life mattered.

Thank you for your time.

BIBLIOGRAPHY:

- The Breast Cancer Epidemic: Modeling and Forecasts Based on Abortion and Other Risk Factors - Journal of American Physicians and Surgeons, Vol. 12, Number 3, Fall 2007
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- Normal Breast Physiology - The Reasons Hormonal Contraceptives and Induced Abortion Increase Breast Cancer Risk - The Linacre Quarterly 76(3) (August 2009): 236-249
- Finland's epidemiological study, published in the European Journal of Public Health in 2005. Conducted by Finland's National Research and Development Center for Welfare and Health (STAKES). The researchers looked at data between 1987

and 2000 on all deaths among women of reproductive age (15 to 49). The suicide rate among women who had abortions was six times higher than that of women who had given birth in the prior year and double that of women who had miscarriages.

- Britain's Royal College of Psychiatrists issued a statement in the Sunday Times on March 16, 2008, "Royal college warns abortions can lead to mental illness". "They urged the government to undertake a full review of the linkages between abortion and women's mental health. The statement reflected a growing body of evidence, including a long-term study out of New Zealand published in 2006, that abortion is in fact linked with elevated levels of mental distress, including depression, substance abuse and suicide, in young women.
- A New York Times article titled Russia Enacts Law Opposing Abortion - requiring abortion providers to devote 10 percent of any advertising to describing the dangers of abortion to a woman's health, AND they make it illegal to describe abortion as a safe medical procedure.

- The British Journal of Psychiatry (2011) 199, 180-186. doi: 10.1192/bjp.bp.110.077230 - Abortion and mental health: quantitative synthesis and analysis of research published 1995-2009
- Obstetrical and Gynecological Survey - Volume 58, Number 1 - 2002 - CME Review Article - "Long-Term Physical and Psychological Health Consequences of Induced Abortion: Review of the Evidence"

[Abortion, Substance Abuse and Mental Health in Early Adulthood: Thirteen-Year Longitudinal Evidence From the United States Affective and Substance Abuse Disorders Following Abortion by Pregnancy Intention in the United States: A Longitudinal Cohort Study](#)

[Modeling and Forecasts Based on Abortion and Other Risk Factors](#)

[Normal Breast Physiology: The Reasons Hormonal Contraceptives ...](#)

