Dear House Behavioral Health and Health Care Committee,

My name is Deborah Dimoff I am a patient of a licensed naturopathic doctor (ND). I would like to share my experience working with my doctor and ask you to support HB2555.

Though there are many diverse and valuable types of medical providers, the provider that I, **above all, value for my regular care is my ND**. Why...

- Holistic Approach talking physical, mental and nutrition management.
- Spends time talking through symptoms
- Looking for root cause through labs and preventive screening as well as talking alternative treatments, prescriptions and supplements
- connect me other car professional creating a team to help me on my healing journey.

This has been the best type of preventive medicine and has <u>saved me from worse</u> <u>illness and being bed ridden</u> like many other Hashimoto suffers.

I am fortunate to have funds to pay for all these services out of pocket (\$5-10K annually) I am <u>heartbroken</u> that other must suffer because Naturopathic doctors are being forced to drop insurance plans to remain financially viable.

I need my ND to stay in network and to stay in business!

## I am asking you to please vote yes on HB2555 and ensure access to licensed naturopathic doctors.

Sincerely,

Deborah Dimoff Living with Hashimoto and other Autoimmune Aliments 2032 NE 53<sup>rd</sup> Ave Portland OR 97213 202-308-4508