

# Letter of Support for HB2555

External

HB2555



**Suzanne Lohr** <suzanne.lohr@gmail.com> Tue, Feb 14, 1:44 PM (2 days ago)

to me

Dear House Behavioral Health and Health Care Committee,

My name is Suzanne Lohr and I am a patient of a licensed naturopathic doctor (ND). I would like to share my experience working with my doctor, and ask you to support HB2555.

Though there are many diverse and valuable types of medical providers, the provider that I, above all, value for my regular care is my ND. The clinical expertise and unique training that my doctor offers, coupled with the dedicated time and attention given to all my concerns, makes him/her/them irreplaceable to me.

My ND manages the majority of my healthcare needs, whether it be my annual wellness visits, necessary lab and imaging tests, preventive screening exams or vital prescriptions. They also refer me to medical specialists as needed, working in partnership with other providers to offer a truly integrative approach to my healthcare.

I have a debilitating heritable disorder that was missed by many healthcare practitioners over my lifetime and my ND was the one who took the time to really listen to me, take me seriously, and help me get proper diagnoses. I have avoided medical care as much as possible, until finding my ND. She has literally saved my life and cared for me in ways that I thought were not possible. She has found vital specialists to refer me to and helps coordinate my complex needs. I am so grateful for all of her expertise and ability to treat me as a person, not just a collection of body parts.

My ND takes the time to teach me about my health and how to best manage my concerns through diet and nutrition, staying active, overcoming stress, and improving my sleep, in addition to prescribing medications or alternative treatments. This is the best type of preventive medicine and has saved me from worse illness or more expensive treatments down the line.

Unfortunately, naturopathic doctors in Oregon are not being fairly compensated for the care they give me and for the important role they play in our state's healthcare workforce. Naturopathic doctors are paid about half of what all the other provider types (MDs, DOs, NPs and PAs) are paid for the same exact billing code and same service provided. This discrepancy puts my doctor on unstable financial ground and puts my

access to my provider of choice in jeopardy. Naturopathic doctors are being forced to drop insurance plans to remain financially viable.

It is essential that I be able to utilize my health insurance to see my doctor. I cannot afford to both purchase health insurance and pay out of pocket for my regular and preventive care. It's not only unfair, it's unrealistic. I need my ND to stay in network with my insurance and to stay in business!

I am asking you to please vote yes on HB2555 and ensure access to licensed naturopathic doctors.

Sincerely,  
*Suzanne Lohr*  
Portland, OR

