

Submitter: Casey campbell

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2455

My name is Casey Campbell. I am a LPC working in a private practice in Portland, Oregon. I am writing to ask you to pass HB2455. I joined two insurance panels when I was first licensed, but am ending my contract with both companies because of their auditing practices and low reimbursement rates. Accepting insurance is simply not worth it for clinicians in the current environment of audits, clawbacks, and low pay. Mental health providers care about others and can be very selfless. However one of the cornerstones of my practice that I learned when I was training and from several mentors and colleagues is to take care of my self, or I won't be able to serve others very well if at all. My choice to leave insurance panels is an exercise in self care. By leaving insurance panels I will receive the full fee for my services, and I won't live in fear of being audited arbitrarily and without clear guidelines from insurance providers. Counselors deserve to know what is expected in audits so they can know how to document to pass them. Limits should be placed on audits so that providers don't have to live in fear simply taking insurance. Passing this bill will increase access to care in our state.

Best,
Casey Campbell
MS, LPC