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On Behalf Of: Oregon Nurse
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In our maternity unit, our staffing plan is 1 nurse to 3 rooms (which is a mother and newborn, so, 6 patients). Yet often if discharges have not gone we will get a 4th, even if our patient isn't leaving for hours and we haven't had a break, or even if we are caring for "overflow PSCU patients" such as gestational hypertension mothers. Management has to prevent these unsafe assignments.

They need to follow the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) standards. They need to follow the unit staffing plan; stem the admissions overload; call your on-call nurse.