Submitter: Russell Lum

On Behalf Of: Oregon Nurse

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2697

We have been short staffed, and unable to fill our in-house overnight position even with a traveler. So a few of the older nurses from my unit have been rotating a night each week to work since March. It has definitely taken a toll on each of us — our attitudes, and our willingness to help our department. I have had a few instances where I started my normal shift at work at 0630, worked until the night shift was over at 0630 and then worked my normal shift that day. Had a 32-hour day and worked all but 45 minutes of it straight — no sleep. There have been a few times our weekend nurse has gotten there Friday night at 8:30 and worked straight through to Sunday morning because of no relief.