

Submitter: Nirok deBrum

On Behalf Of:

Committee: Senate Committee On Human Services

Measure: SB610

As a student, buying food is a necessity but it has also become a luxury. Paying off bills first and foremost, the leftover would be used to buy food usually rice, prepackaged cold meat, and canned food. In buying vegetables, I would usually buy the basics such as onions and cabbage. Sometimes my niece who was born here and has a food stamp, brings me fruits I get to enjoy once in a while. Living paycheck to paycheck is what I go through month after month, and it is exhausting. There have been many times I feel really tired, but I have no choice but to work and not get the benefits of my hard work for self-care. Having SNAP benefits will help a lot for me to buy nutritious and adequate food for myself to focus more on self-care for my physical and mental health.