

Submitter: Crystal Mattox

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2458

I support legislation to prohibit practice of conversion therapy by mental health professionals and all healthcare related professionals. Conversion therapy is outdated, and an extremely harmful practice rooted in prejudice and fear of the LGBTQ+ community. Numerous studies have shown that survivors of conversion therapy, particularly children and adolescents, become depressed, abuse substances, and are more likely to attempt suicide. This form of "treatment" has no place in mental health care that focuses on helping people live their truth and learning self-acceptance. This is a horrific traumatizing practice that deeply harms people.