

Submitter: Paul H

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2458

As a member of the LGBTQ community I can speak from experience that trying to "convert" yourself into something that you are not is not helpful. You do not grow out of it. You do not have a change of heart. You do not learn to be what you are not through religious strength. Understanding who I am and being able to live that way has improved my mental and physical health immensely and I only wish I understood this earlier in my life. While this is personal testimony there is empirical evidence that shows the harms of Conversion Therapy that should not be ignored. That is why I am in support of HB 2458.