

"Globally one human completes suicide every forty seconds, according to the World Health Organization.

AWARE Consulting Group is a collaboration of people working for social change. TraumaAWARE transforms the trauma-informed approach from a checklist into a way of being with people. We are working in the US and abroad to enhance the workforce experience by teaching skills that will foster individual growth and build and support healthy cultures in our work and our communities. With an eye towards social justice, our trainings teach AWAREness concerning our mutual human experiences. We focus on resolving the complications of vicarious trauma, burnout, whole health, and ultimately creating sustainable workforce development.

We know that outreach and preventative measures outperform interventions for maintaining healthy communities and suicide prevention needs to look different in our society. The dominant cultures foundation is to be reactive rather than responsive. Prevention includes changing the conversations from fear based to hope based. We need to allow individuals with thoughts of suicide to express those emotions without fear of their power being taken away.

AWARE has promoted suicide awareness through its Global Free Hugs Initiative with the voices of people with lived experience at the forefront. For survivors by survivors.

We hope that you support of SB514 in legislation and prioritize suicide prevention through a hope based lens. We also hope that you recognize the voices of lived experience in planning, decision making, advisory councils, and paid positions that further this cause because people are dying because they feel afraid to talk about it. #changingtheconversation

Warm Regards,

The Team at AWARE

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